



COURSE SYLLABUS

COURSE TITLE: Certified Christian Life Coach (CCLC)

COURSE DESCRIPTION: A study of the Christian coaching profession with emphasis on learning and demonstrating the coaching masteries from a Biblical worldview

COURSE GOALS/OBJECTIVES:

The student will be able to:

Create an action plan for personal spiritual growth

Identify personal communication/behavior (DISC) profile and how to adapt to different profiles

Identify spiritual gifts and how these are used to serve God and others and how these gifts apply to coaching

Understand Christian coaching from a Biblical worldview and how this differs from a secular approach

Identify and practice coaching competencies as recognized by IAC and ICF

Create a client intake form, client agreement form and weekly coach session prep form

Develop an initial business plan

COURSE MATERIALS:

Christian Coaching, Helping Others Turn Potential into Reality, 2nd Edition Gary Collins, PHD

Christian Life Profile Assessment, Randy Frazee

Bible Promises For You, (NIV)

International Association of Coaching Masteries E-Book

www.christiancoachinstitute.com student portal for downloading forms, class assignments and coaching tools

Discussion board for weekly class forums (www.coachinstitute.ning.com)

DISC Behavior Assessment and Spiritual Gift Assessment (www.uniquelyyou.com)

COURSE SCHEDULE:

For each weekly assignment, student will read assigned material and answer exam and discussion questions (open book exams)

Phase 1 - Heart of Personal Discovery

Week 1: Orientation

Week 2: Christian Profile Self Assessment Workbook, Randy Frazee

Week 2: DiSC Behavior Profile Assessment (uniquelyyou.com)

Week 4: Spiritual Gift Assessment (uniquelyyou.com)

Phase 2 - Heart of Professional Discovery

Christian Coaching Textbook, 2nd Edition Dr. Gary Collins

IAC Coaching Masteries E-book

Week 5: Read Chapters 1, 2, 3 and 4: Foundation of Christian Coaching

Week 6: Read Chapters 5, 6 and 7: Skills of Christian Coaching and read IAC 9 Coaching Masteries E-book pages 1 – 18

Participate on 2 *monthly* “one-on-one” sessions with assigned coach (purpose is to build understanding of the coach-client relationship)

Week 7: Read Chapters 8 and 9: Assessment – Where are we now?

Week 8: Read Chapters 10, 11: Vision in Christian Coaching: Where do we want to go?

Week 9: Read Chapters 12, 13: Strategy, Action, and Obstacles in Christian Coaching: How Do we reach our goal

Week 10: Read Chapters 14 – 18: Specialties in Christian Coaching

Week 11: Read Chapters 19 – 22: The Practice of Christian Coaching and read IAC Code of Ethics

Week 12: Forms and Tools in Coaching

Week 13: The Coaching Call Practicum

Phase 3 -Heart of Business Discover y

Week 14: Social Network Marketing

Week 15: Developing a Personal Coaching Business Plan

Week 16: Certification interview

CERTIFICATION CRITERIA:

| Assignment | Possible Points | Points Earned |
|---|------------------------|----------------------|
| Workbook Exams | 20 | |
| Weekly interaction on discussion board | 10 | |
| Weekly attendance on Group Calls | 15 | |
| Pre-Call Coaching Form on 8 Coaching Sessions | 10 | |
| One on One Attendance with Coach Trainer | 10 | |
| Coaching Practicum Forms and signatures | 10 | |
| Coaching Practicum recordings | 25 | |

(80 points required for passing – no partial points for assignments except coaching practicum – all others are awarded as obtained or not obtained)

Certification package should include the following:

Week 2: Pgs 46 – 49 of the Christian Profile Assessment Workbook

Week 3 – 15 should include the following:

- Copies of exams and essays
- Copies of the pre-call coaching forms for one-on-one coaching sessions with a coach trainer
- Coaching practicum forms from 2 clients
- Practicum recordings
- Certification Application

NOTE: Certification package must be turned in by the date of Certification Interview